



Tray Times



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Madelia Community Hospital Foundation

July 3, 2007

New Faces Around MCH

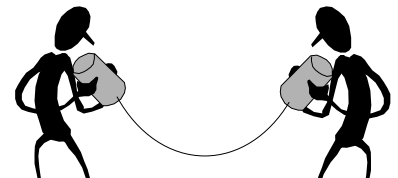
We would like to welcome a few new faces to our MCH family. We are excited to have two summer interns - Kallie Gilman of Lake Crystal and Kristen Osterman, granddaughter of Janet Dysthe. Kallie and Kristen will be helping out in the business office, medical records and doing some job shadowing. Linda Kunz of Madelia and John Jorrissen from Mankato will be sharing the Pharmacy duties until a new one is hired. In addition, welcome to Sarah Martinson, an RN from Granada and Richelle Schickling from Madelia new to the dietary staff.

At this time we are seeking a part-time maintenance position, nurses along with a physician. Attracting quality healthcare professionals to rural settings is difficult, so if you know a nurse and/or doctor looking for a job encourage them give us a call.

Saturday, July 14th Tour of New Patient Rooms

Mark your calendar for July 14th to be the first to get a glimpse of our new "Wellness Rooms" here at MCH. Even though the entire project is not complete, MCH decided it was important to celebrate Madelia's 150th Anniversary by sharing our growth and new expansion project with the community and visitors. We are extremely proud of our heritage and excited to share our progress, during Park Days on Saturday morning from 9:30am to 11am MCH will be host a coffee and room tours. Please invite your family and friends to join us for an exciting glimpse into the future of healthcare; we are thrilled to be bringing this new technology and healthcare design concept to our community. This tour is open to the public, but will not be handicapped accessible due to construction.

Heard it in the Hallways....



New Beds - Last Friday the halls were a hustling as 21 new beds were unloaded and readied for patient rooms; they are easier to operate, more comfortable and some have built-in scales!

Audit Time - The business office is busy preparing for our annual audit conducted by Larson Allen.

Hibiscus' Are Blooming - If you love beautiful blossoms, then you must stop and check out the blooms on our three hibiscus plants in the center courtyard.

Yellow Ribbons - Watonwan County Re-integration Committee encourages area families to decorate your yard and trees with yellow ribbons in preparation for the homecoming of our troops later this month.

What's All of This About Wellness Rooms?

"Wellness Environment" rooms are a new design concept, which offer many benefits for the patient and for hospital staff. Some of the benefits are: construction installation is 50% quicker than traditional rooms, they are more economical due to less downtime for repairs, able to receive accelerated depreciation, improved staff efficiency, safer and healthier environment for patients, superior infection control and rooms are hotel quality. Finishing touches are going into the rooms and next week an inspector from the MN Department of Health will determine if the new rooms are ready for occupancy.

Welcoming Our Troops Home

For nearly two years our area troops have lived as soldiers, staying alive was uppermost in their minds...now they are coming home to roles such as dad, husband or wife and facing bills and temper tantrums. What a contrast from life as a soldier! How can we as family and friends make this transition easier, here are a few tips from seasoned veterans:

- 1) Welcome them home with a warm handshake and a friendly remark
- 2) Express gratitude for the person's military service
- 3) Support them with patience, some may feel like talking right away, while others may take time to open up about their experiences
- 4) Encourage them to re-engage, invite them to small gatherings, large groups may be too overwhelming at first
- 5) Be alert for signs that they are having difficulty coping, ex. Trouble eating or sleeping, difficulty concentrating, persistent fatigue or missing work. Ask them how they are doing and if they need help.

Web Site for Beyond the Yellow Ribbon:
www.dma.state.mn.us/returning_troops/btyr_overview.php

Upcoming Events

July 13, 14, 15
Madelia Park Days & 150th

July 14th
MCH Coffee & Tours
9:30am - 11am

July 27th
Watowan Co. Relay for Life
St. James - Fairgrounds

September 26 - Oct. 1st
Vietnam Moving Wall Memorial
Watona Park ~ Madelia

September 21st
MCH Foundation Golf Outing

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### LOL - Laugh Out Loud

#### Advice on Life from Kids

"Never hold a cat and a dust buster."

"If you want a kitten, starting out asking for a horse."

"Don't wear polka dot underwear with white shorts."

"Never try to baptize a cat."

"When your dad is mad and he asks, "Do I look stupid?" - Do not answer!"