

FOR IMMEDIATE RELEASE:

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**MCHC Holds first Health Clinic for Hunters and Photo Contest**

**Madelia, Minn.** – Soon the leaves will be changing and hunters will be heading out into the woods. Hunters will double check their gear, but it is also important that they check their health, before they head out.

The Madelia Community Hospital & Clinic (MCHC) is offering a specially priced health screening specifically for hunters on **Wednesday, September 19<sup>th</sup>** from **7 to 9 a.m.** in the Clinic. Hunters that attend will have their height and weight recorded, their blood pressure checked, and their vision screened. They will also have blood tests to screen for high cholesterol, diabetes, prostate cancer (for men) or thyroid function (for women). An EKG will also be done. For most accurate cholesterol test results, participants should fast for eight hours, which is why this clinic is being held earlier in the day. The exam prices will be bundled into a \$60 fee, and hunters should plan to pay by cash or check. No insurance will be filed. Test results will be mailed to the participant.

"We want to help patients identify any issues before they are out in the woods. Hunting is a strenuous activity, and we want to make sure that our hunters are healthy and will have a safe season," said Cindy Lehman, Clinic Manager.

In addition, MCHC is sponsoring a photo contest for anyone that would like to submit one or two favorite hunting photos. Pictures can be submitted on the Facebook Event page of the MCHC Health Clinic for Hunters, or printed (8" x 10") and dropped off at MCHC by 4 p.m. on September 18<sup>th</sup>. Clinic participants will vote on their favorite photo and the winner will receive a \$50 gift certificate from True Value in Madelia. Winning photos will be announced on the hospital website and posted on the MCHC Facebook page.

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**About Madelia Community Hospital & Clinic**

Madelia Community Hospital & Clinic is an independent, nonprofit facility staffed by a team of medical professionals that are committed to providing health care of the highest standards to patients in the Madelia area. As a 25-bed acute care hospital, we offer all of the primary health services: Laboratory, Radiology, Physical Therapy, Home Care, Emergency Room/Urgent Care, and Surgical Care. Our attached family medical clinic also provides care for patients in all the seasons of their life. Over the years, we have proactively responded to the changing demands within the health care industry, which has ensured our ability to deliver up-to-date medical services, purchase advanced medical equipment, and provide complete and compassionate care to all who enter our facility.