



# LUNCH & LEARN

is coming to the LCARC!

TOPIC: *ARTHRITIS*

SPEAKER: *Physical Therapist Jim Hitchcock,  
Madelia Community Hospital & Clinic*

WHEN: Tuesday, January 17th

TIME: 11 a.m. - 12:30 p.m.

WHERE: LCARC Community Room (upstairs)

Sign-up by calling the LCARC @ **507-726-6730**

