



\_\_\_\_\_ has been requested by \_\_\_\_\_  
Patient Name Employer

to provide a note from his/her health care provider regarding:

- \_\_\_\_\_ Need to be off work related to COVID-19 exposure
- \_\_\_\_\_ Need for medical clearance to return to work
- \_\_\_\_\_ Need for testing for COVID-19 virus before returning to work

Due to issues of medical confidentiality, we will not provide confirmation that a patient has been exposed to, or diagnosed with, COVID-19 infection. Individuals who have symptoms suggestive of infection (fever, cough, shortness of breath) are asked to stay at home until the following conditions are met (as recommended by CDC and the Minnesota Department of Health):

- At least seven days have passed since symptoms first appeared

**AND**

- No fever for at least 72 hours (without the use of medicines that reduce fever)

**AND**

- Other symptoms have improved (for example, shortness of breath has improved)

MCHC providers are available to advise a patient regarding his/her return to work. However, we are unable to provide a note to the patient's employer certifying that the patient may safely return to work.

Regarding testing: There is a nationwide shortage of supplies needed to run COVID-19 tests. The Minnesota Department of Health lab will only run tests on patients who are hospitalized and suspected of being infected. They will also run tests for health care workers who are ill, and ill residents living in congregate settings, such as nursing homes. Individuals without symptoms, or who don't fall into these categories, will not be tested for work clearance for the foreseeable future.

Thank you for your patience regarding this matter.

Medical Staff of MCHC

\_\_\_\_\_  
Date